

Partnering on Whole Grain for Health and Well-being

# Why consumers should choose whole grain first

27 June 2018 BIP, Rue Royale 2-4, Brussels









## Programme

08:30-09:00

Registration and welcome coffee

#### 09:00-09:10

\* Objectives for the day O Sue Saville, Moderator

Session 1: WHY Whole Grain Why are we still failing to consume adequate levels of whole grain in Europe despite broad acknowledgement of positive health benefits?

| efits <b>against cancer, obe-</b> |
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| le grain is important in          |
| ECL)                              |
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| umer                              |
|                                   |
| a European success story          |
| Cancer Society                    |
| or change                         |
| dministration                     |
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|                                   |
|                                   |

### Session 2: WHAT What can we do to encourage more people to enjoy more whole grain in Europe?

10:45-11:00

Link between whole grain and diabetes prevention

O Dr Nicola Guess, Lecturer, King's College London and International Diabetes Federation (IDF)

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|     | 11:00-11:15  | An industry perspective  |
|     |  | Consumer & manufacturer insights into whole grain consumption  |
|     |  | O John Athanatos, President, Cereal Partners Worldwide (CPW)   |
|     | 11:15-11:30  | How whole grain can be part of sustainable and environmentally friendly food syst  |
|     |  | O Jabier Ruiz, Senior Policy Officer, WWF World Wildlife Fund (WWF)  |
|     | 11:30-11:45  | A scientific perspective   |
|     |  | The importance of signposting consumers to whole grain foods via clear product lo  |
|     |  | belling and tackling misleading whole grain claims   |
|     |  | Achieving universally accepted (legal) whole grain standards and meaningful intak recommendations  |
|     |  | O Michaela Pichler, CEO and Secretatry General, International Association for  |
|     |  | Cereal Science and Technology (ICC)  |
|     | 11:45-12:00  |  |
|     |  | Moderated discussion   |
|     | 12:00-12:30  | Moderated discussion   |
|     |  | <b>¥1</b> Walking Lunch  |
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Co-funded by the Health Programme of the European Union, the ECL is an umbrella organisation of national and regional cancer societies advocating for cancer prevention and patient support at EU level.

Chaussée de Louvain 479 1030 Brussels, Belgium Phone: +32 2 256 2000 Fax: +32 2 256 2003 ECL@europeancancerleagues.org



The Forum is an active network of universities, institutes and industries supporting the vision that consumption of whole grain and high fibre grain-based foods help maintain health, reduce health care costs and provide added value for companies committed to sustainable production.

Tietotie 2, 02044 Espoo Finland office@healthgrain.org



ICC is an international network of cereal scientists and technologists dedicated to the improvement in safety and quality of cereal-based foods for the health and well-being of all people.

Marxergasse 2 1030 Vienna Austria

Phone: +43 1 7077202 0 Fax: +43 1 7077202 300 E-mail: office@icc.or.at