

Partnering on Whole Grain for Health and Well-being

Why consumers should choose whole grain first

27 June 2018 BIP, Rue Royale 2-4, Brussels









Programme

08:30-09:00

Registration and welcome coffee

09:00-09:10

* Objectives for the day O Sue Saville, Moderator

Session 1: WHY Whole Grain Why are we still failing to consume adequate levels of whole grain in Europe despite broad acknowledgement of positive health benefits?

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le grain is important in
ECL)
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a European success story
Cancer Society
or change
dministration

Session 2: WHAT What can we do to encourage more people to enjoy more whole grain in Europe?

10:45-11:00

Link between whole grain and diabetes prevention

O Dr Nicola Guess, Lecturer, King's College London and International Diabetes Federation (IDF)

Pro	ogramm	e
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	11:00-11:15	An industry perspective
		Consumer & manufacturer insights into whole grain consumption
		O John Athanatos, President, Cereal Partners Worldwide (CPW)
	11:15-11:30	How whole grain can be part of sustainable and environmentally friendly food syst
		O Jabier Ruiz, Senior Policy Officer, WWF World Wildlife Fund (WWF)
	11:30-11:45	A scientific perspective
		The importance of signposting consumers to whole grain foods via clear product lo
		belling and tackling misleading whole grain claims
		Achieving universally accepted (legal) whole grain standards and meaningful intak recommendations
		O Michaela Pichler, CEO and Secretatry General, International Association for
		Cereal Science and Technology (ICC)
	11:45-12:00	
		Moderated discussion
	12:00-12:30	Moderated discussion
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Co-funded by the Health Programme of the European Union, the ECL is an umbrella organisation of national and regional cancer societies advocating for cancer prevention and patient support at EU level.

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The Forum is an active network of universities, institutes and industries supporting the vision that consumption of whole grain and high fibre grain-based foods help maintain health, reduce health care costs and provide added value for companies committed to sustainable production.

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ICC is an international network of cereal scientists and technologists dedicated to the improvement in safety and quality of cereal-based foods for the health and well-being of all people.

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